



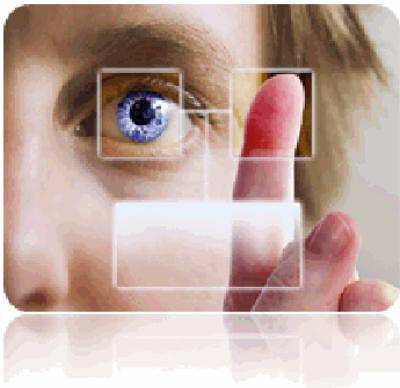
# FAMOUS FINGERS

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## DECODE YOUR MIND



## FAMOUS FINGERS DMIT, a scientific way to discover your inborn talents and personality



Dermatoglyphics Multiple Intelligence is a set of assessment system developed by scientists and medical experts based on Genetics, Embryology, Dermatoglyphics, Neuroscience and Pediatric Psychology through methods of observation, record, comparison and summarization in combination with clinical experience.

1926, Dr. Harold Cummins coined the word of Dermatoglyphics, Dr. Cummins achieved world recognition as the "Father of Dermatoglyphics" or the scientific study of skin ridge patterns found on the palms of human hands. The findings of his lifetime studies and the techniques he developed, known as the Cummins Methodology, are accepted as important tools in tracing genetic and evolutionary relationships. The methodology has gained common usage in diagnosis of some types of mental retardation, schizophrenia.

Later in 1950 a Canadian neurosurgeon, Professor Penfield published "cross-sectional diagram of brain in relation with various parts of body" which indicates close relation between fingerprints and cerebrum. In 1981 Professor Roger W. Sperry and his researchpartner were awarded Nobel Prize in Biomedicine for their study on functions of right and left cerebral hemispheres and double brain theory.

Medical experts, through observation, recording, comparison, induction and clinical trials confirmed that fingerprints provide accurate analysis of a person inborn talents. This assessment system analyses the distribution of brain learning capacity and allocation of cerebral function in a child to provide relevant statistical report of individual innate intelligence and hence allows development of the child in realm of dominant intelligence.

<b>Report Number:</b>	FF123130414172920
<b>Name:</b>	teacher
<b>Parent's Name:</b>	
<b>Contact Number:</b>	
<b>Email:</b>	
<b>Address:</b>	
<b>Consulted by:</b>	Akhtar Ahsan

## How to Interpret this Report

Dear teacher

When you get this report, we recommend that you should view it by the following these steps. This will help you to understand the Brain's Potential Distribution very clearly.

1: Ensure you are holding the correct report. Check the participant name on the Personal Details Page.

2: Our brain's map

(a) As shown in this report, our brain is divided into two hemispheres, left and right. Each hemisphere of the brain has its own strengths. Fingers of Right hand represent the functions of left brain and fingers of left hand represent the functions of right brain. Different fingers reflect different intelligences. Each of the intelligences will have their own weightage. Total distribution of intelligence's percentage will be 100%.

(b) TFCR (Total Finger Ridge Count) value represents the neo-cortex neuron intensity. This means, one function corresponding with high degree of value will have higher RC value. Different pattern types will show the distribution of different values. In normal circumstances to most people, the values will range between 8 to 30. If the value is high, it reflects that the function of the brain cortex activity level is high.

(c) If the RC value or % distribution of any specific intelligence shows "0" or Arch Type, then the minimum range that of that value can be zero and maximum can go to infinity. The potential of the RC values will be in the range Zero - Infinity. This simply means that this specific intelligence contains high plasticity.

(d) The average value of RC is 10%, if RC value's distribution is specific intelligence is less than 5.99%, it means it is only the result of comparison within yourself, it is not necessary indicates you are weak in a particular intelligence.

(e) Difference between the percentage (%) of left brain and right brain's RC should be around 5% which is a sign of normal range. If the difference is more than 5%, then the weak side will affect the other side of the brain. However, this doesn't show any serious concern. One will have to focus to work on the weak side to balance it.

3 : Potential advantages - In accordance with RC value basis one will be able to find the strengths through the level of activity in brain cortex. High percentage activity in brain cortex in any specific intelligence means that it is his/her strength. This will help the participant to grasp (INPUT) any knowledge with their own strength. This also means that participant can even demonstrate (OUTPUT) maximum energy with the powerful potential inherent strength.

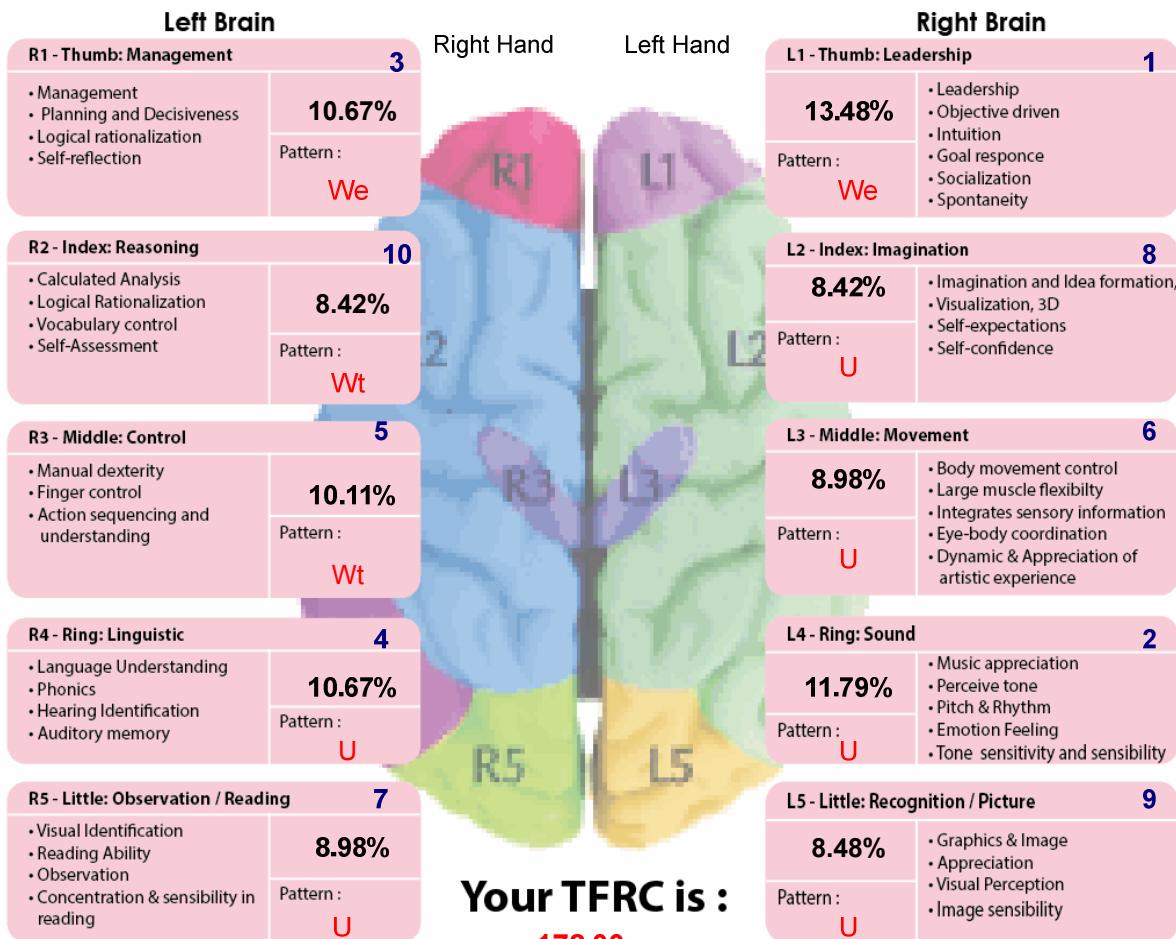
4 : Potential to be developed - In accordance with RC value basis, the intelligence which is not much strong will be marked on lower part of the potential, to remind you that the specific intelligence potential of the brain cortex activity is low. This means that one should pay more attention to develop the potential in a focussed way.

5 : Everyone has certain innate qualities and potential. Through stimulating and learning, one can become a better human being. Uphold the idea that each of us can fully stimulate our potential and can achieve a brighter future.

6 : Neuroplasticity - The brain's amazing adaptive ability that can train and fine-tune existing capabilities. The brain map only provides the mapping of our inborn nerve cells intensity. Nevertheless, even though we produce no new nerve cells after the time of birth, nurture and training can help our 100 billion nerve cells in our cerebral cortex about wiring incredibly complex circuits. Through learning mechanisms in the brain, the brain continues to rewire and change its circuitry throughout our lives.

Congratulations, you have the Famous Fingers DMIT (Dermatoglyphics Multiple Intelligence Test) report which will help you to know about yourself better. Put your strength in action, work on the areas of your weakness and achieve a better future.

## Strength of Congenital Abilities



### Advice for you

- 1. Understand that every individual is unique and everyone has different strengths and weaknesses.**
- 2. Famous Fingers Dermatoglyphics Report can help us understand our inborn talents but it cannot be regarded as our destiny. This report helps us understand our strengths and weaknesses so that we may pave a better road for our future.**
- 3. This Dermatoglyphics Report is specially designed for adults, professionals and organizations, that enables you to understand your own leadership style and communication style. It will create a better work environment thus increase work efficiency.**
- 4. Your Genes Are Not Your Destiny. Inborn talents are of course important, nevertheless, it is biology and not destiny. Through the interaction of our inborn talents with our environment, we can develop our inborn talents to become our core competence.**
- 5. Get started early, yet it's never too late to start. As the old saying says, "The best time to plant a tree was yesterday. The second best time is today." Knowing is not enough; we must apply. Willing is not enough; we must do. Once we know our inborn talents, we have to put it in to action to nurture it.**
- 6. Find your motivation. No one can really tell you what to do in your life. It has to be something you want to do or your life's purpose. "Those who have a 'why' to live, can bear with almost any 'how'!"**

## TFRC and Learning Capacity



TFRC is a reflection of a person's inborn learning capacity. Commonly known as "Neocortex Brain Cell Capacity". It is our inborn neuron capacity. At birth, 100 billion nerve cells in our cerebral cortex set about wiring incredibly complex circuits (some 5,000 to 10,000 connections to each nerve cell). Through learning mechanisms in the brain, the brain continues to rewire and change its circuitry throughout our lives. Therefore, learning is important to stimulate the linkage of our neurons. Arch type pattern fingerprint indicates a potential value in between Zero and Unlimited. It represents that particular potential is high in plasticity.

Your TFRC is: **178.00**

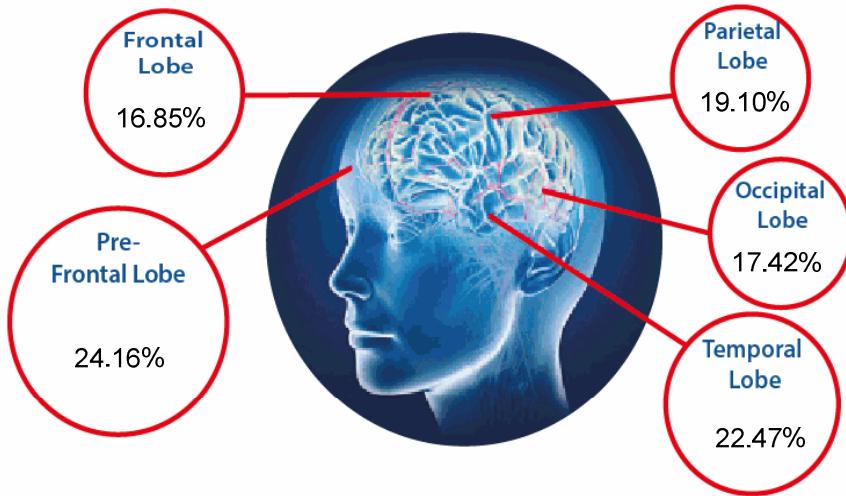
TFRC	Learning Strategy
<b>&lt;60</b>	Need to be patient in learning, require longer time and repetition of practices, able to achieve the same success as others through a stable and familiar environment, with appropriate learning methods, regular practice and patience.
<b>60-100</b>	Step by step learning required. Follow to a sequence of learning, which would make learning much easier and efficient.
<b>100-140</b>	Born with good learning ability. With more practice, external stimulations and guidance can maximise their potentials.
<b>140-200+</b>	Have distinctive results in learning and high capacity of learning memory. Should take this congenital advantage, to do more complex research or study. But it also is a cause for the individual to lose interest in learning the same things repeatedly.

According to the value, it indicates your learning capacity is high. You have potential for multidisciplinary learning and development through education and training.

Suggestions:

- \* Should have various stimulants in the learning environment, e.g. participate in extra-curricular activities and engage in multiple courses.
- \* Variation, diversity and challenging courses and learning style are needed to avoid mundane learning
- \* Categorize and review the lessons with different subjects or sections and divide the learning contents into several parts to study more efficiently.
- \* Attend an advanced course on the job to fully develop potential
- \* After sufficiently stimulating their potentials, it is recommended to focus on certain talents or specialities which become their superior attributes in future
- \* More suited to do multiple or complicated jobs and not routine jobs.

## Quantitative Chart of Neocortex In Dermatoglyphics Assessment



The neocortex is involved in higher function such as sensory perception, generation of motor commands, spatial reasoning, conscious thought, and in a human's language. The neocortex is flexible and has almost infinite learning Abilities. The neocortex is also what has enabled human cultures to develop. TFRC percentage is the indication of the brain lobes learning capacity and the activeness of particular brain lobes.

TFRC %	Brain Lobes	Functions
24.16%	Pre-frontal lobes	Impulse control, ability to judge social situations, socialization, spontaneity, ability to override and suppress unacceptable social behavior and response. Cognitive Functions (executive functions) judgement, reasoning, problem solving, planning, Interpersonal skill, leadership, abstract thinking creativity, initiative based tasks that require the integration of information over time, ability to determine similarities and differences between things or events, emotional functions and is the location that defines personality and characteristic.
16.85%	Inferior frontal lobes	Logical thinking, problem solving, abstract thinking, language tasks of math, reasoning, handling words and grammar syntax, visualization, imagination, concepts and ideas formation. Creative thinking and visualization.
19.10%	Parietal lobes	Responsible for spatial awareness and for processing and analyzing sensory stimuli. They play important roles in integrating sensory information from various senses, and in the manipulation of objects; portions of the parietal lobe are involved with visual spatial.
22.47%	Temporal lobes	Responsible for processing auditory information. They distinguish differences in sound, pitch, and loudness and determine their significance. Short term memory. The right temporal lobe is responsible for musical appreciation, whilst the left hemisphere is responsible for the understanding of speech. Left temporal lesions result in impaired memory for verbal material. Right side lesions result in recall of non-verbal material, such as music.
17.42%	Occipital lobes	Responsible for processing visual information. They process information about objects, colors, motion, and distance, words, identify object, sign and symbols.

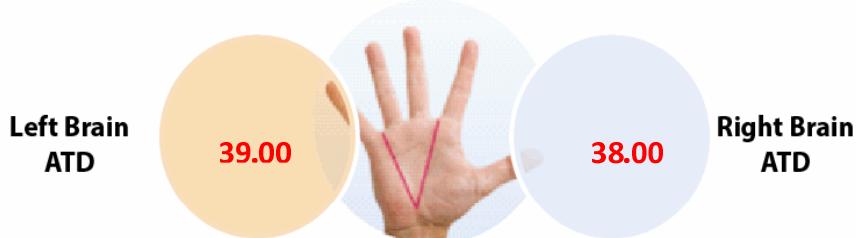
## Left Right Hemisphere Intelligence & 10 Function Ranking

Explanation of Intelligence	%	Intelligence Sequence	Pattern
<b>Right Hemisphere</b>			
Creativity & Interpersonal Ability : Leadership behavior, Interpersonal relationships, Creative Thinking. Emotional functions. Objective driven action, goal setting. Integration of information. Spontaneity, Intuition, socialized personality.	13.48%	1	We
Imagination & Visual-spatial Ability : Imagination, abstract thinking art concept, image visualization.	8.42%	8	U
Gross Motor Skill : It controls movements and muscle coordination, Feeling of body in space, Coordination and rhythmic movement. Integrates sensory information.	8.98%	6	U
Musical and Emotion Feeling Ability : Hearing of sound. Ability to perceive sound, tones, melody in music, Feel of emotion & Emotional response.	11.79%	2	U
Visual Ability : Perception of pictures & visual sensory information. Image appreciation. It help in the visual recognition of shapes and colors. Aesthetic sense.	8.42%	9	U
<b>Left Hemisphere</b>			
Organization & Management Ability : Planning, judgement, reasoning, problem solving, logical thinking. Self-reflection, rational thinking. Management and organization ability. Decision making, Impulse control. Inward personality.	10.67%	3	We
Logical Analysis Ability : It deal with logic reasoning, analytical ability. Numerical Concept, Computation Analysis, Conceptual Understanding, Grammar syntax.	8.42%	10	Wt
Fine Motor Skills : Manual dexterity. Control of small muscles (like fingers), Action sequencing & understanding, left-right direction and mirror movement.	10.11%	5	Wt
Language/Listening Ability : Decoding of speech sounds, comprehension of speech and mediating verbal memory processes. Language understanding. Hearing Identification, short term memory. Sound identification.	10.67%	4	U
Observation/Reading Ability : Visual identification, Reading Ability, Observation of object existence, distance, spatial, speed, Classification, Identification.	8.98%	7	U

## ATD Degree And Learning Sensitivity

### Speed at which information travels in the brain

There are about 100 billion neurons in the human brain. Information travels between neurons and the slowest speed is 260mph or 416km/h. ATD degree reflects the brain and muscle coordination ability in conveying and transmitting information. All the information is transmitted through sight, hearing, smell, taste and touch to neurons and delivered to brain for analysis.



**Left hand/Right hand ATD inborn learning sensitivity <35°** - right brain / left brain has sharp observation power, agile task performance ability and delicate fine movement skills, indicating that you are smart in your personal learning, fast in finding your learning methods and clues, and have strong understanding capability. However, you need to pay attention to emotional turbulence, nervousness and anxiety that may arise from your more sensitive nature.

**Recommendations :** Congratulations on your strong understanding capability. It is suggested that when you are faced with any issue, view it with a relaxed mind and practice abdominal breathing. Always bring a small notebook with you. If you can jot down whatever ideas you may have, you can stand to benefit from more comprehensive results as time goes by.

**Left hand/Right hand ATD inborn learning sensitivity at 35°~40°** - This is within the normal physiological range of the ordinary people, indicating that your right brain / left brain has stable and fair performance in terms of observation power, task performing ability, movement skills as well as mastering of methods and clues in learning new things. You are relatively smart in your personal learning, able to learn fast, agile in response and have strong muscle coordination. This indicates that you have a high level of perception of new things and response to your learning condition.

**Recommendations :** Very good. You are rather smart and are able to fully demonstrate your self-confidence and acumen. It is appropriate for you to make good use of your stronger intelligences for in-depth studies to nurture some professional skills.

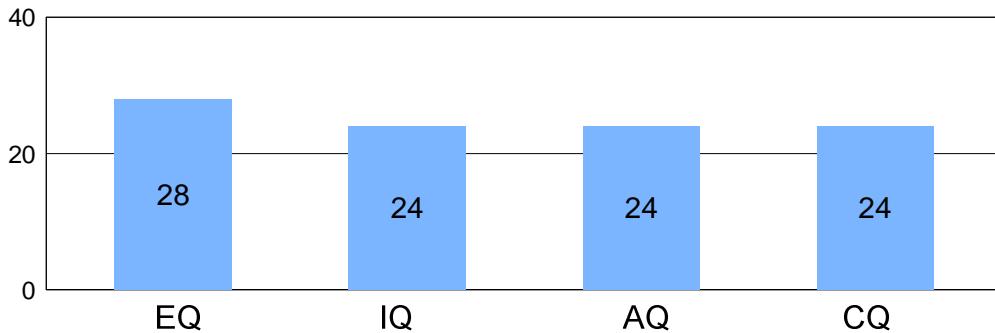
**Left hand / Right hand ATD inborn learning sensitivity at 41°~45°** - Right brain / Left brain has observation power, task performing ability and movement skills that are suitable for step by step learning to train and enhance your stronger potentials. There is stable and normal performance in terms of mastering of methods and clues of learning new things. Your personal learning, speed of learning and level of response are normal.

**Recommendations :** At the time of your learning, it is necessary to strengthen your motives and stimulate your desire to learn, using your stronger intelligences to drive and support the development of your weaker intelligences.

**Left hand / Right hand ATD inborn learning sensitivity at > 46°** - Right brain / Left brain has slower response in learning, and you need to be taught with more time and in more stages or steps. This indicates that you are slower in your personal learning, speech as well as eating. Your thinking process is longer and you are slightly weaker in terms of fine movement skills, thus you need to break the process into several steps and have more time for repeated practice. Exercises involving extensive physical movements such as jogging are suitable for you.

**Recommendations :** People with slightly slower response in learning are not stupid; it is just that they need longer time to develop their response. It is appropriate to give them more encouragement to build their self-confidence; at the appropriate times they should undergo training on speed and develop their skills in physical exercises. For the period 0 - 8 years, it is suitable to have training on agility of the fingers or dexterity of the body to enhance physical flexibility.

## Congenital Quotient Index



### Emotional Quotient

Emotional Quotient makes us aware of our feelings and that of others. It gives empathy, motivation, compassion and an ability to respond skillfully to pleasure and pain by understanding our own emotions and emotions of others and to act appropriately.

#### Child's Activities:

- Participate in extra-curricular activities. i.e Scouts, NSS, NCC.
- Let the child take some responsibility at home, doing household chores

#### Adult Activities:

- Self development courses or programs
- Own value assessment through training or religious activities
- Read biographies of great men.

### Intelligence Quotient

Intelligent Quotient is the ultimate intelligence of a person. It is the ability to carry out abstract thinking, to adjust yourself to your environment. Intelligent activity consists of grasping the essentials in a given situation and responding.

#### Child's Activities:

- Participate in field learning. Observe and record what they see in nature and carry out group discussions after that
- Do more mathematical logic-related exercises such as puzzles, Sudoku, number games, etc.

#### Adult Activities:

- Develop a reading habit - exposure to different types of books
- Try solving different and complex problems.
- Learn new things from time to time and stimulate the development of connections between the brain cells.

### Adversity Quotient

Adversity Quotient is a measure as to how you respond to adversity. It indicates how well you withstand adversity and your ability to surmount it. This predicts who gives up and who fights back and wins.

#### Child's Activities:

- Train your child to be patient
- Push your child to start something from the beginning and to complete it to the end so that your child learns
- Let them find their way in challenging situations

#### Adult Activities:

- Take part in adventure sports like rock climbing, river rafting, and bungee jumping etc, or do anything that scares you.
- Take things easy and don't allow panic attacks, maintain a possibility attitude.

### Creativity Quotient

Creativity Quotient is the ability to generate innovative ideas and manifest them from thought into reality. The process involves original thinking and then producing.

#### Child's Activities:

- Participate in creative camps, like art/craft/dance/song etc
- Ask them to think of different ways to use an item within 10 seconds. Later reason it with them.

#### Adult Activities:

- Brainstorming
- Meditation
- Dismantle your favourite things or electrical appliances try to fix them back. This helps to explore the design concept of the item.

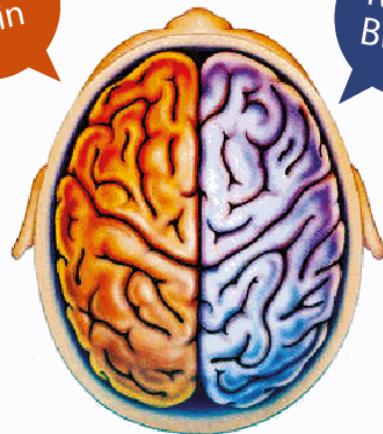
## Left and Right Brain Comparison and Distribution of Multiple Potential

### LEFT BRAIN

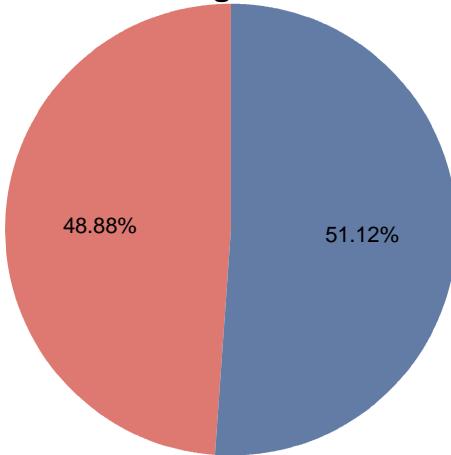
Sequential Analysis, systematic, logical interpretation of information. Interpretation and production of symbolic information: language, mathematics, abstraction and reasoning. Memory stored in a language format.

Left  
Brain

Right  
Brain



### Left Right Brain



### RIGHT BRAIN

Holistic Functioning, processing multi-sensory input simultaneously to provide "holistic" picture of one's environment. Visual spatial skills. Holistic functions such as dancing and gymnastics are coordinated by the right hemisphere. Memory is stored in auditory, visual and spatial modalities.

#### Left Brain Dominant:

##### Characteristics of Left Brainer

- step-by-step reasoning
- logical
- mathematical
- language / speaking
- intellect
- convergent thinking
- digital
- abstract
- analytic
- linear
- rational
- sequential
- analytic
- objective

"Left-brainer" seem to thrive when following plans and having structure with activities, such as

- Analysis
- Research
- Realistic projects
- Worksheets

#### Right Brain Dominant:

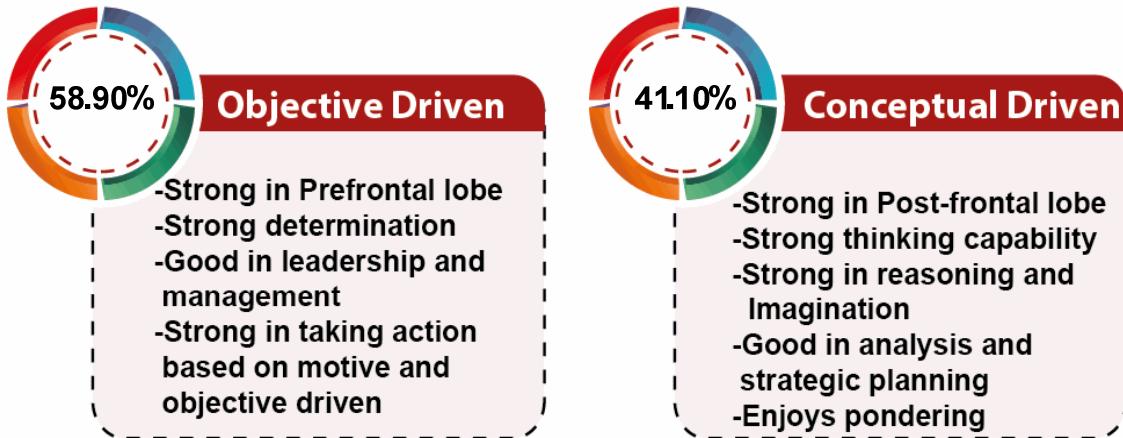
##### Characteristics of Right Brainer

- mystical
- musical
- creative / imaginative
- visual-pictorial
- intuition
- divergent thinking
- analogic
- concrete
- relational
- nonlinear
- intuitive
- multiple
- holistic
- subjective

"Right-brainer" also seem to thrive when doing group or hands-on activities, such as

- Shared learning
- Group discussions
- Role-play / simulations
- Experiments

## Execution and Thinking Style



### Objective Driven Style

You are regarded as a prefrontal lobe dominant individual. Where, your action and executive style is strongly base on motive/objective.

You are strong willpower, strong creativity and planning, courageous, has strong motivation, high self-assurance and perseverance, result-oriented, goal-oriented, possess a strong leadership and managing qualities. Tends to ask "Why".

#### Characteristic

- Result-oriented, to prove with own's capability by showing the actual result/performance.
- Will take appropriate action once the target is set, will also show self-discipline and is highly efficient.
- If the target or purpose is not clear, easily to have negative feelings, and easy to develop psychological resistances and make you paralysis to action
- The biggest shortfall is not paying enough attention to the details when target has been set, make careless mistake during the implementation
- Make decisions based on gut feeling,

#### Tips for improvement

- One of the strongest motives to motivate yourself is that you have a reason. This reason will inspire you and make you do whatever it takes to challenge all of the obstacles, so you can achieve your goals
- Think before action to avoid impulsive act;
- Target can be divided into stages, reward and incentives at each stage to stimulate better result;

## Whole Brain Learning / Communication Style

### Whorl Type



40.00%



#### Cognitive Learner

- Autonomous, very strong-willed, independent, likes to lead others
- Tend to analyse, classify, test, apply & research
- Enjoy debate and research, and get into explaining the theory of a matter. Need to be convinced by solid evidence
- Have the courage to pursue goals, keep promises, pursue fairness and justice
- Concerned about self-image, enjoy winning, lack in-depth communication

Due to education method and environmental influence after birth, goal-oriented people can be divided into two types, namely:

- (1) Goal-oriented (Entrepreneur Type) and
- (2) Goal-oriented (Research Type)

- Unable to adapt in an environment of high stress.

#### Recommendations for Self-improvement

- To be more caring, more encouraging, put oneself in each other's shoes so that others feel appreciated
- Try to get involved in community activities, make new friends and keep in touch with them
- Strengthen interpersonal communication skills such as listening skills and the ability to resolve disputes
- Embrace an open-minded attitude, pay attention to their unintentional arrogance during work
- Pay more attention to the merits of others, have less negative view.
- Avoid setting own standards and benchmarks and expect other people to achieve such standards

Suitable work type:

With specific objectives, work with highly competitive nature, sales and marketing oriented, research and development-based work

Example:

Entrepreneur, CEO, Marketing or Sales Management, Self-employed person, Program Planner, Arbiter etc.

## Innate Personality and Communication Style

### Ulnar Loop



60.00%



### Affective Learner

- Emphasize on feeling, empathetic, highly adaptable and good at imitation.
- Enjoy group activities and tend to listen to others opinions.
- Though easily engrossed in work, however most of their behaviour and learning is easily affected by own emotions, or people and situations around them.
- Set their standards based upon emotions or impressions.
- Not dominant, comply with the rules of the game and go with the flow.
- Enjoys being at ease and dislike being restricted.
- Easygoing way of life, lack of driving force, weak control of goals.
- Resents working hard alone for a long period.

### Recommendations for Self-improvement

- Learn to be dominant and control the work flow; have macro thinking and clearly demand the outcomes from self and others.
- Take part in various community activities and take the initiative to be the leader.
- Participate in decision-making and goal-setting courses.
- Refer to autobiographies of successful people. Read books on time management and how to increase efficiency.
- Try and record emotions and thinking in various situations from time to time, speak encouraging and self-affirming words
- Learn how to rightfully reject others if necessary

Suitable work type:

Team-based, work which is less competitive in nature

Example:

Public Relations Officer, Counsellor, Therapist, Psychologist, Social worker, Evangelist, Tour guide or Tour leader, Spiritual mentor, Human resource or Administrative management, Activity convener, Host for shows and meetings etc.

## Innate Personality and Communication Style

### Arch Type



0.00%



#### Reflective Learner

- Simple and like to do familiar work, down-to-earth.
- Dislike theories, abstract concepts, over-complicated instructions and matters that serve no practical use.
- Communicate with a clear goal, such as asking: "what do you want", "how to do", "when to complete"
- Usually more conservative and have difficulty to express own views, realistic, requires immediate feedbacks.
- Enjoy hands on activities; require demonstrations, training and presence of concrete outcomes.
- Easily moulded during adolescence, but lack self-study capability
- Able to do routine and trivial work.

Due to education method and environmental influence after birth, task-oriented people can be divided into two types, namely:

- (1) Task-oriented (Operational Type) and
- (2) Task-oriented (Routine Type)

#### Recommendations for Self-improvement

- Increase personal experience and hands-on opportunities to improve the workability
- Read more in order to feed the sponge-like desire for knowledge.
- (a) Do not refuse to do work because it is trivial (b) do not be defeated by failure
- (c) set targets and train own self to be persistent and efficient
- (d) reduce the tendency to retreat. (e) Do not make excuses to give up
- Find own strengths, place emphasis on the in-depth learning of skills or content, in order to become professionals in that area.
- Encourage own self to learn seriously during adolescence. Do more learning when older. Take the initiative or be advised to change career paths or work in areas of interest. Other people will be awed by your accumulative knowledge and wisdom and you are able to adapt to new environments easily.

#### Suitable work type:

Administrative work, operational work

#### Example:

Engineer, Accountant, Nursing Staff, Physician, Model, Speed typist, Secretary, Personal assistant, Scholar, Professional.

## Innate Personality and Communication Style

### Radial Loop



0.00%



### Critical Learner

- Have different thinking styles, with unique imagination. Good at thinking of different angles to a situation.
- Curious and inquisitive, likes being argumentative and thinks differently; independently and not restricted by traditions.
- Self-interest oriented. Enjoy questioning, which may often appear as rebellious or different from others
- Dislike routine job or work with predetermined answers and too many instructions.
- Have good reasoning skills, insight and ability to express. They like to compare and contrast for differences and similarities
- Able to make decisions or choices in a short period of time

### Recommendations for Self-improvement

- Embrace a more in-depth and comprehensive way to explore issues rather than relying solely on intuition and gut feel to find solutions.
- Constantly set short, medium and long-term goals and work towards the goals.
- Need to understand that not everyone has good creativity and adaptability. Should put themselves self in others shoes.
- Create a self-reward approach to increase driving force.
- Create new values to energise own self.
- Emphasise on minor details and how to organise trivial matters.

Suitable work type:

Artistic creative work; Work with least instructions.

Example:

Artist, Animator, Advertising, Designer, Author, Scriptwriter, Inventor, Handicraft producer, Fashion designer, Interior designer, Musician, Photographer, Director etc.

## Innate Personality and Communication Style

### Composite Whorl



0.00%



#### Integrated Learner

- Adept at extending and relating information; strongly integrate resources and information.
- Can have multi-perspective thinking. Sometimes, their ideas do not follow normal procedures, thus going out of context or making others unable to understand.
- Adaptable and accept new things, ideas and concepts easily
- Excellent resilience, easily adaptable to different environments. They adopt flexible methods in order to achieve goals.
- Tend to think too much which can lead to loss of focus and change of goals or direction.
- Plan new things with goal-orientation, sometimes with more than one goal or idea. At times poor execution ability could lead to loss of focus and a sense of lack of achievement.

#### Recommendations for Self-improvement

- Work plan should be drawn up in advance, practice good time management, learn to prioritise work according to importance and urgency.
- Plan own future life. Encourage self to continuously learn and grow.
- Achieve goals one after another.
- Empower others so that dedicated performance monitoring can happen.
- Maintain the consistency of principles and standpoints. Don't change benchmarks
- Strengthen and train own expertise; to avoid being a jack of all trades.
- Adopt self analytical strategy (e.g.: SWOT analysis)

(Note: S = STRENGTH, W = WEAKNESS, O = OPPORTUNITIES, T = THREATS)

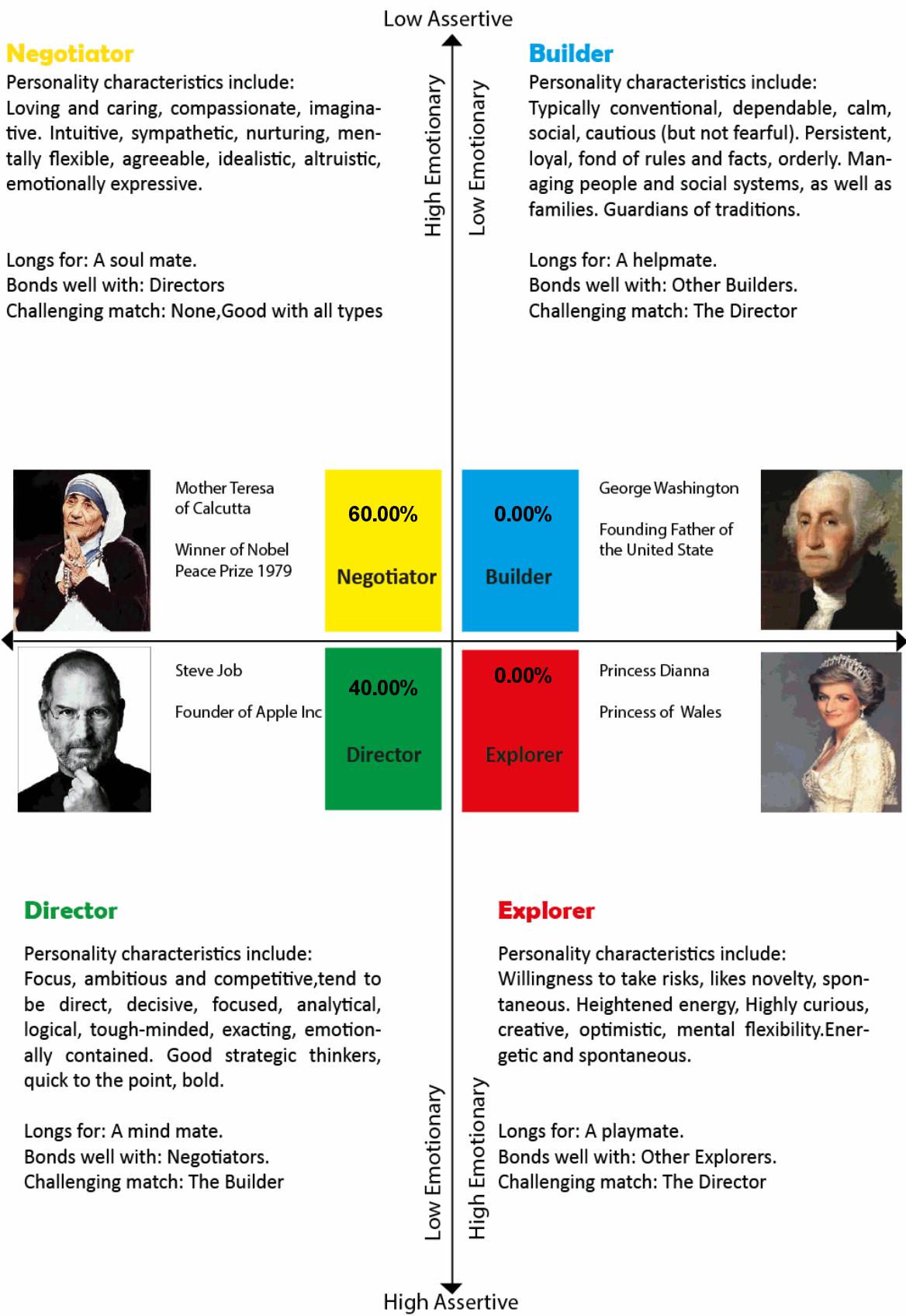
Suitable work type:

Negotiation, Coordination or Integration work

Example:

Information Analyst, Service Consultant, Politician, Debater, Commentator, Economist, Public Relations Officer, Multi-level Marketing Industry.

## N-B-D-E Relationship Compatibility Analysis



## Relationship Natural Pairing

**Explorer-Explorer.** Explorers make ideal playmates for each other. They delight in spur-of-the-moment adventures and lusty sex. They don't bicker over details or get on each other's nerves.

**Advice for Explorer-Explorer pairs:** Be willing to set limits together -- unrestrained Explorers can burn each other out. Because novelty is so appealing to Explorers, adultery is a danger. Both partners need the resolve to say a strong "no" to temptation.

**Builder-Builder.** Builders enjoy sharing family traditions and social networks. They make joint plans, stick to schedules and appreciate frugality.

**Advice for Builder-Builder pairs:** Because Builders believe that there is one right way to do things, stubbornness can be a problem -- disagreements over trivial matters can lead to a stalemate. Builders need to work on letting go of the little things and focusing on their shared values.

**Director-Negotiator.** The see-all-sides Negotiator benefits from the Director's decisiveness, while the demanding, analytical Director appreciates the Negotiator's social skills. They have lively discussions -- the Director's depth of knowledge is complemented by the Negotiator's contextual perspective.

**Advice for Director-Negotiator pairs:** When this couple argues, the Director is likely to fly off the handle and then quickly forget about the incident, while the Negotiator may nurse hurt feelings for years. A Director and Negotiator should agree on how they will deal with flare-ups -- perhaps by going to separate rooms until tempers cool.

The Director needs to risk revealing deeper feelings to the Negotiator. And when the Negotiator needs something, he/she needs to say so.

### CHALLENGING PAIRINGS

These pairings are more challenging, but any pairing can work if partners make allowances for their differences...

**Explorer-Builder.** An Explorer can add stimulation to a Builder's quiet life, while the Builder provides security. But over time, the Explorer may feel constrained and the Builder neglected.

**Advice for Explorer-Builder pairs:** Look for ways to combine adventure and stability.

Example: A trip with friends to a mountain lodge, where the Builder can socialize by the lake while the Explorer goes rock climbing.

**Builder-Director.** Both types are emotionally contained and value persistence, calm and order. However, both like to be in control, leading to potential conflict. Also, the Director's boldness and self-reliance may clash with the Builder's cautious nature.

**Advice for Builder-Director pairs:** Focus on mutual goals. The Director's ambition, combined with the Builder's planning skills and social network, can make for a comfortable home and stature in the community.

## Relationship Natural Pairing

**Explorer-Negotiator.** Both are curious, imaginative and open-minded. Tensions stem from different expectations of intimacy. For the Explorer, intimacy means doing things together... talking helps the Negotiator feel close.

**Advice for Explorer-Negotiator pairs:** The Negotiator needs to recognize that fun can be bonding. The Explorer should practice looking the Negotiator in the face during conversations and make an effort to speak the language of emotions.

Example: The Explorer might tell stories about past adventures that include some speculation about how the experience changed him/her.

**Director-Explorer.** Both types are unconventional, inventive, irreverent and highly sexual -- all areas of strong compatibility. But the Director spends long hours at work, while the Explorer is more interested in having a good time. The Director's deep knowledge about a subject may seem obsessive to the Explorer. The Explorer's broad interests and hedonism may strike the Director as superficial.

**Advice for Director-Explorer pairs:** Since neither is possessive, each can pursue his/her interests independently without worrying that the other will feel left out. But schedule shared activities to avoid drifting apart.

**Builder-Negotiator.** Both value strong, stable relationships. However, the Builder may be befuddled by the Negotiator's emotionalism, and the Negotiator disappointed by the Builder's lack of introspection and imagination.

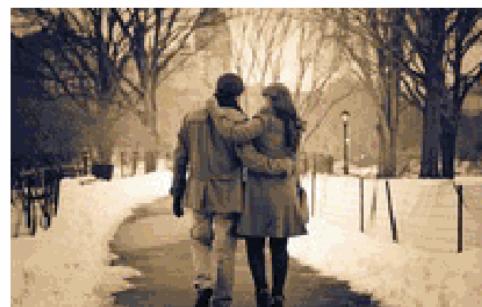
**Advice for Builder-Negotiator pairs:** Make the most of commonalities -- nurturing, nest-building, community ties.

**Director-Director.** Directors appreciate each other's straightforward style, competence and drive. Directors don't like to fail, which makes them willing to ride out difficulties.

**Advice for Director-Director pairs:** Beware of workaholism. Directors often don't make time for each other, so put shared activities on the schedule and commit to them.

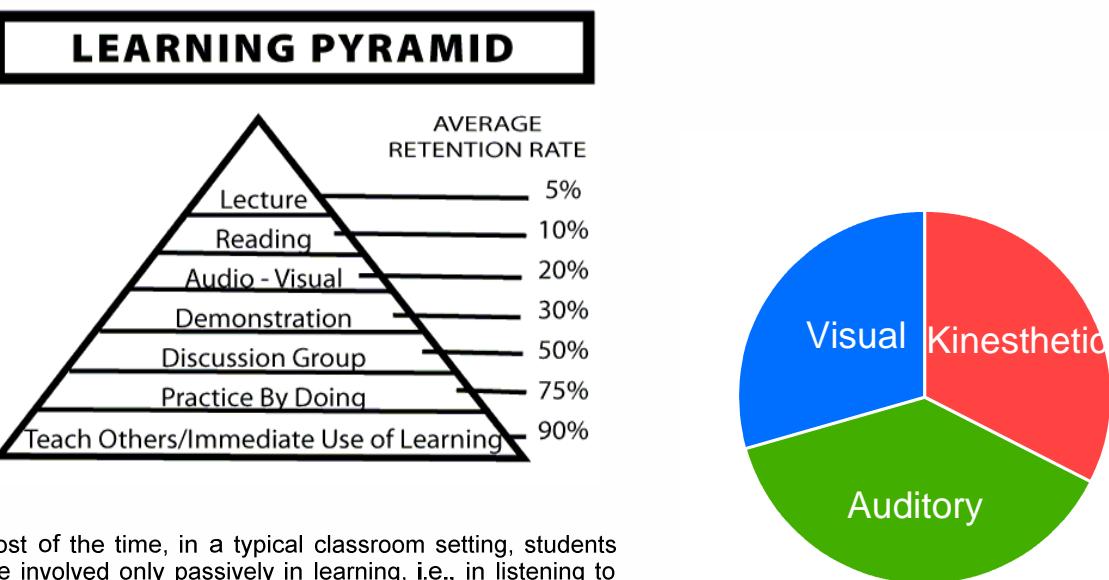
**Negotiator-Negotiator.** These couples are highly sensitive to each other's feelings, have inspired conversations and go to great lengths to please each other. Yet they easily can become mired in analysis of the relationship and paralyzed by minor decisions.

**Advice for Negotiator-Negotiator pairs:** Set time limits on discussions of relationship dynamics.



## VAK Learning Style

The VAK learning Style uses the three main sensory receivers - **Vision**, **Auditory**, and **Kinesthetic** (movement and tactile or touch) to determine the dominant learning style. Learners use all three to receive information. However, one or more of these receiving styles are normally dominant. This dominant style defines the best way for a person to learn new information by filtering what is to be learned. This style may not always be the same for some tasks. The learner may prefer one style of learning for one task, and a combination of others for another task.



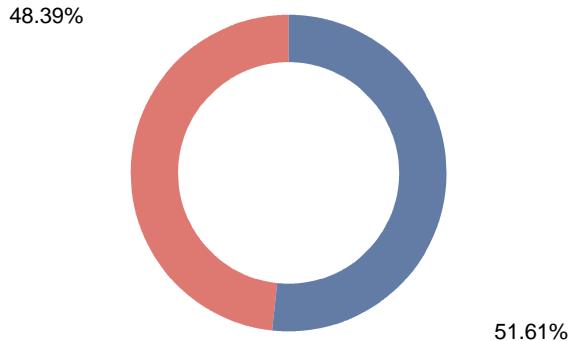
Most of the time, in a typical classroom setting, students are involved only passively in learning, i.e., in listening to the instructor, looking at the occasional overhead or slide, and reading (when required) the text book. Research shows that such passive involvement generally leads to a limited retention of knowledge by student

In active learning, instead of simply receiving information verbally and visually, students are receiving and participating and doing. Use dominant learning style follow with multiple type of learning styles will help for better

## Visual Learner



### Spatial (image) vs Linguistic(text)



#### Characteristic :

- Visual Learners have two sub-channels : linguistic (text) and spatial (image).
- Learners who are visual linguistic like to learn through written language, such as reading and writing tasks. They remember what has been written down, even if they do not read it more than once. They like to write down directions and pay better attention to lectures if they watch them.
- Learners who are visual spatial usually have difficulty with written language and do better with charts, demonstrations, videos and other visual materials. They easily visualize faces and places by using their imagination and seldom get lost in new surroundings.

#### Common pursuits:

Some pursuits that make the most use of the visual style are visual art, architecture, photography, video or film, design, planning (especially strategic), and navigation.

#### You may tend to use phrases like these:

- Let's look at it differently. See how this works for you.
- I can't quite picture it. Let's draw a diagram or map.
- I'd like to get a different perspective. I never forget a face.

#### To intergrate this style into the learning environment :

- Use graphs, charts, illustrations, etc.
- Include outlines, agendas, handouts, etc. for reading and taking notes on.
- Include plenty of content in handouts to reread after the learning session.
- Leave white space in handouts for note taking.
- Invite questions to help them stay alert in auditory environments.
- Post flip charts to show what will come and what has been presented.
- Emphasize key points to cue when to take notes.
- Eliminate potential distractions.
- Supplement textual information with illustrations whenever possible.
- Have them draw pictures in the margins.
- Show diagrams and then explain them.
- Have the learners envision the topic or have them act out the subject matter.

#### Optimal Communication Strategies :

- Write down messages on post-it-note and show.
- Prefer face-to-face communication to notice emotions of other party.
- Show documented proofs to convince them.

#### Optimal Encouragement Strategies :

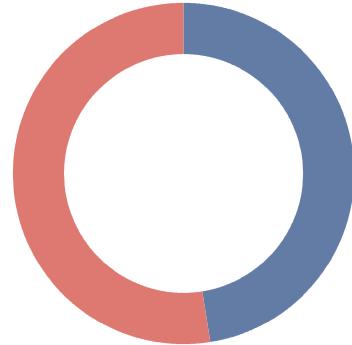
- Use written testimonials, transcripts and written compliments.
- Use certificate of merits, words and compliments in written forms.
- Use positive facial expressions and eye contact.

## Auditory Learner



### Aural(sound) vs Verbal (language)

47.51%



#### Characteristic :

- Auditory learners have two sub-channels: The verbal style involves spoken word and the aural style-sound and music
- Auditory learners usually talk to themselves a lot. They also may move their lips and read out loud. They often do better talking to a colleague or a tape recorder and hearing what was said.

#### Common pursuits:

Common pursuits of aural style are playing, conducting, or composing music, and sound engineering (mixing and audiovisual work). For verbal style include public speaking, debating, politics, writing and journalism.

#### You may tend to use phrases like these:

(Aural) Tune in to what I'm saying. Clear as a bell.  
That's music to my ears. (Verbal) Tell me word by word.  
Let's talk later. The word you're looking for is.  
I hear you but I'm not sure I agree. Let me spell it out for you.  
In other words

#### To intergrate this style into the learning environment :

- Begin new things and events with a brief explanation of what is coming.
- Use rhyme and rhythm in your assertions where you can, and be sure to read important ones aloud. Set some key points to a familiar song, jingle or theme.
- With a summary of what has been covered. This is the old adage of "tell them what they are going to learn, teach them, and tell them what they have learned."
- Use the Socratic Method of lecturing by questioning learners to draw as much information from them as possible and then fill in the gaps with your own expertise.
- Include auditory activities, such as brainstorming, buzz groups, discussion etc.
- Have the learners verbalize the questions.
- Develop an internal dialogue between yourself and the learners. Record your scripts using a tape or digital audio recorder (such as an MP3 player, and use it later for reviews.

#### Optimal Communication Strategies :

- Communication using words, sound and voices.
- Convince people with positive, authoritative and affirmative way.

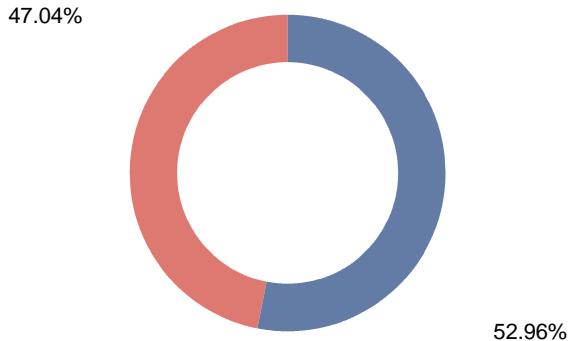
#### Optimal Encouragement Strategies :

- Oral compliments are the most effective.
- Use timely, genuine oral compliment
- Rewards specific oral compliments, books with audio or music CD.

## Kinesthetic Learner



### Kinesthetic (movement) vs Tactile (touch)



#### Characteristic :

- Kinesthetic learners do best while touching and moving. It also has two sub channels : kinesthetic (movement) and tactile (touch). They tend to lose concentration if there is little or no external stimulation or movement. When listening to lectures they may want to take notes. When reading, they like to scan the material first, and then focus in on the details (get the big picture first). They typically use color highlighters and take notes by drawing pictures, diagrams, or doodling.

#### Common pursuits:

Pursuits that involve the physical style include general physical work, mechanical, construction and repair work, sports and athletics, drama and dancing.

#### You may tend to use phrases like these:

- That feels right to me.
- I can't get a grip on this.
- Stay in touch.
- Get in touch with.

#### To intergrate this style into the learning environment :

- Use activities that get the learners up and moving.
- Play music, when appropriate, during activities.
- Use colored markers to emphasize key points on flipcharts or white boards.
- Give frequent stretch breaks (brain breaks).
- Provide toys such as Koosh balls and Play-Dough to give them something to do with their hands.
- To highlight a point, provide gum, candy, scents, etc. which provides a cross link of scent (aroma) to the topic at hand (scent can be a powerful cue).
- Provide highlighters, colored pens and / or pencils.
- Guide learners through a visualization of complex tasks.
- Have them transfer information from the text to another medium such as a keyboard or a tablet.

#### Optimal Communication Strategies :

- Use body movements, gestures or demonstration.
- To convince them, walk the talk, show them what you have done.

#### Optimal Encouragement Strategies :

- Use activities, hugging, touching while communicate or giving encouragements.
- Reward with tangible things with high quality and good texture.

## Multiple Intelligence

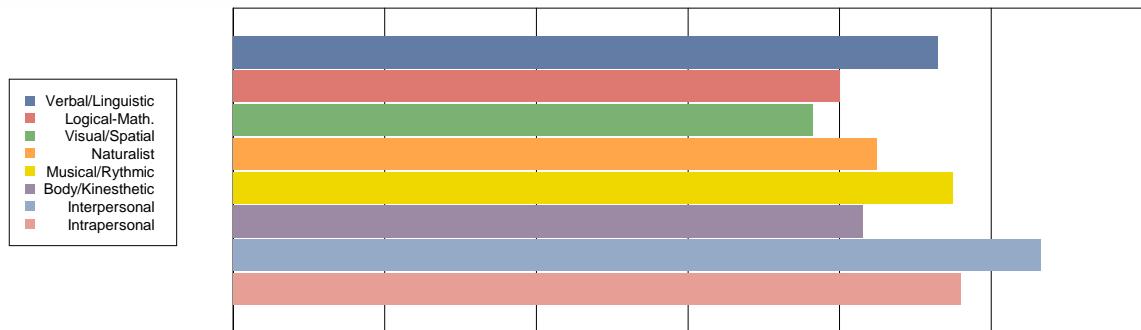


### 8 Multiple Intelligences

Howard Gardner's theory of multiple intelligences is widely known and utilized in educational settings. Gardner rejects the notion that intelligence as measured by IQ tests is relevant, and instead believes that people have very different ways of learning based on how they individually process information. His theory is based upon twenty years of extensive research into neurological processing.

**Dr. Howard Gardner**

teacher's MI Chart:



	8 Multiple Intelligences are:	%
4	Verbal/Linguistic Intelligence	13.01%
7	Logical-mathematical Intelligence	11.19%
8	Visual-Spatial Intelligence	10.70%
5	Naturalist Intelligence	11.89%
3	Musical / Rhythmic Intelligence	13.29%
6	Bodily-Kinesthetic Intelligence	11.61%
1	Interpersonal Intelligence	14.90%
2	Intrapersonal Intelligence	13.43%



%	Status
>13%	High Dominant
<12.99%-11%	Dominant
<10.99%-9%	Average Dominant
<8.99%	Less Dominant

\* Arch pattern will not reflect on % it is because it have ultra plasticity potential. Therefore, the average will show lower if you have Arch type

## Subject and Career Based on Multiple Intelligence

### Entrepreneurship/Education/Political Affairs/

**Suggested Courses:** Business Management, Law, Psychology, Counselling, Sociology, Political Science, Education, Anthropology, and other Entrepreneurship related courses,

**Suggested Careers** CEO, Managing director, Entrepreneur, Business Consultant, NGO Leader, Politician, Educator, Trainer, Public Relations Officer, Customer Service Personnel, Insurance Sales, and other related professions

### Operation & Management/Sociology/Psychology

**Suggested Courses:** Psychology, Philosophy, Psychotherapy, Social Science, Management, Business Administration, Information Management, Business Management, Project Management and other operation & management related courses.

**Suggested Careers** Management Planner or Executive, CEO, General Manager, Department Manager, Consultant, Secretary/Assistant, Senior Manager in Marketing and Human Resources, Self-Help Trainer, Psychologist or Psychology Academician, Analyst, Priest, Religious Studies Researcher, Theologian, and other related professions

### Music/Performance Art

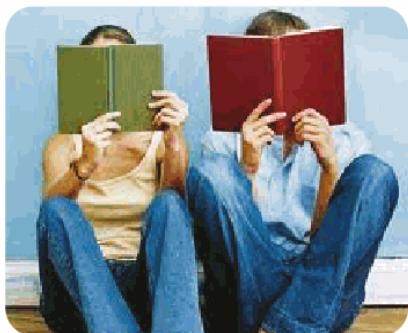
**Suggested Courses:** Music, Music composition and arrangement, Music Performance, Audio Production, Sound & Music Technology, Singing and other music related courses.

**Suggested Careers** Musicians, professional singer, Composer, Music teacher, Conductor, Piano tuner, Recording operator, Motion Picture Soundtrack Creator, Music Therapists, Instrument craftsman and other related professions

## Verbal-Linguistic Intelligence

**Rank:**

**4**



### Verbal-Linguistic Intelligence

This intelligence involves the innate knowing which comes through language; through reading, writing, and speaking. It involves understanding the order and meaning of words in both speech and writing and how to properly use the language. It involves understanding the sociocultural nuances of a language, including idioms, plays on words, and linguistically-based humor.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>13.01%</b>	Writing, reading, memorizing dates, thinking in words, telling stories	Write, read, tell stories, talk, memorize, work at solving puzzles	Hearing and seeing words, speaking, reading, writing, discussing and debating	Books, tapes, paper diaries, writing tools, dialogue, discussion, debated, stories, etc.

### Career Smart For Verbal-Linguistic Intelligence

Professions which exhibit a high degree of linguistic intelligence :

Poets, Public Speakers, Journalists, Writers (authors, advertising, script and speech writers), Language Teacher, Speech Pathologists, Lawyers, Secretaries, Editors, Proof Readers, Comedians, Professional Debaters, Archivists, Translators, and TV and Radio Newscasters, Commentators

### Examples of Characters

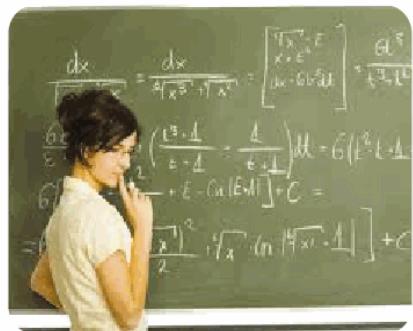
Jawahar Lal Nehru, Chetan Bhagat, J.k Rowling, Oprah Winfrey, Mirza Ghalib

### Integrating Technology and Activity in Verbal Linguistic Intelligence

1. Learn more than one foreign languages.
2. Language exchange with foreigner via internet video conferencing.
3. Play world games (e.g., anagrams, scrabble, crosswords).
4. Join a book club.
5. Attend a writer's conference or a class or workshop on writing through a local college.
6. Attend book signings or other events featuring accomplished writers.
7. Record yourself speaking into a tape recorder and listen to the play back.
8. Go regularly to the library and / or book stores.
9. Subscribe to a high-quality reader (e.g., Readers Digest, TIME Magazine) and / or to a literary magazine and read them regularly.
10. Join a speaker's club (e.g., Toastmasters International) or prepare an informal ten-minute talk for a business or community event.

## Logical-Mathematical Intelligence

Rank:  
**7**



### Logical-Mathematical Intelligence

This intelligence uses numbers, math, and logic to find and understand the various patterns that occur in our lives: thought patterns, number patterns, visual patterns, color patterns, and so on. It begins with concrete patterns in the real world but gets increasingly abstract as we try to understand relationships of the patterns we have seen.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>11.19%</b>	Math, logic, problem-solving, reasoning, patterns	Write, read, tell stories, talk, memorize, work at solving puzzles	Work with relationships and patterns, classifying, categorizing, working with the abstract	Things to think about and explore, science materials, manipulative, trips to the planetarium and science museum, etc.
<b>Career Smart For Logical-Mathematical Intelligence</b>				
Professions which exhibit a high degree of logical-mathematical intelligence : Computer Science Engineer, Computer Programmer, Computer Technicians, Underwriters, Accountants, Bankers, Statisticians, Data Analysts, Stock Brokers, Auditors, Purchasing Managers, Professional Debaters, Maths Teachers, Attorneys, Arbitrators, Scientific Researchers, Medical Professionals, Logicians, Actuary.				
<b>Examples of Characters</b>				
Dr. Vikram Sarabhai, Dr APJ Abdul Kalam, Isaac Newton , Stephen Hawking				
<b>Integrating Technology and Activity in Logical Intelligence</b>				
<ol style="list-style-type: none"> <li>1. Play logical-mathematical games (Go, Clue, Dominoes) with friends or family.</li> <li>2. Join MENSA, The International high-IQ society.</li> <li>3. Work on logic puzzles / brain teasers. (e.g., Sudoku, Mensa Test)</li> <li>4. Keep a calculator handy for figuring out math problems you confront in the course of daily life.</li> <li>5. Learn a computer language such as LOGO, BASIC, Visual Basic, C++, JAVA.</li> <li>6. Buy a chemistry set or other science kit and carry out some of the experiments described in it.</li> <li>7. Have family discussions about math or science concepts in the news.</li> <li>8. Take a course in basic science or math at a local college or community center or buy a self-study guide and work on your own.</li> <li>9. Practice calculating simple math problems in your head.</li> <li>10. Read the business section of your daily newspaper and look up unfamiliar economic or financial concepts.</li> </ol>				

## Visual-Spatial Intelligence

**Rank:**  
**8**



### Visual-Spatial Intelligence.

We often say "A picture is worth a thousand words!" or "Seeing is believing!" This intelligence represents the knowing that occurs through the shapes, images, patterns, designs, and textures we see with our external eyes, but also includes all of the images we are able to conjure up inside our heads.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>10.70%</b>	Maps, reading charts, drawing, mazes, puzzles, imagining things, visualization	Draw, build, design, create, daydream, look at pictures	Working with pictures and colors, visualizing using the mind's eye, drawing	LEGO, video, movies, slides, art, imagination, games, mazes, puzzles, illustrated book, trip to art museums, etc.
<b>Career Smart For Visual-Spatial Intelligence</b>				
Professions which exhibit a high degree of visual-spatial intelligence : Interior Decorators, Interior Designers, Graphic Design Artists, Cartographers, Photographers, Architects, Airline Pilots, Surgeons, Painters, Sculptors, Chefs (with their food presentations), Embroiderers, Landscapers, Theater Set Designers, Cinematographers, Book Illustrators, Tour Guides, and Jewelry & Clothing Designers.				
<b>Examples of Characters</b>				
Picasso, MF Husain , S.L.Bhansali, Giorgio Armani				
<b>Integrating Technology and Activity in Visual Spatial Intelligence</b>				
<ol style="list-style-type: none"> <li>1. Work on jigsaw puzzles, Rubik's cube, mazes, or other visual puzzles.</li> <li>2. Purchase a graphics software program and create designs, drawings, and images on the computer.</li> <li>3. Learn photography and use a camera to record your visual impressions.</li> <li>4. Purchase a camcorder and create video presentations.</li> <li>5. Watch films and television shows with attention to the use of light, camera movement, color, and other cinematic elements.</li> <li>6. Redecorate the interior of your house or landscape the exterior.</li> <li>7. Create a picture library of favourite images from magazines and newspapers.</li> <li>8. Undergo orientation program for hiking in nature.</li> <li>9. Study geometry.</li> <li>10. Take a class in drawing, sculpting, painting, photography, video, graphic design, or some other visual art at a local college or community center.</li> <li>11. Learn an ideographically-based language such as Chinese.</li> <li>12. Make three-dimensional models of ideas you have for inventions or other projects.</li> </ol>				

## Bodily-Kinesthetic Intelligence

**Rank:**  
**6**



### Bodily-Kinesthetic Intelligence.

We often talk about "learning by doing." This is the innate potential for using one's whole body or parts of the body, as in athletics, dancing, acting, crafting, etc. The body "knows" many things that are not necessarily known by the conscious, logical mind, such as how to ride a bike, how to parallel park a car, dance the waltz, catch a thrown object, maintain balance while walking, and where the keys are on a computer keyboard.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>11.61%</b>	Athletics, dancing, crafts, using tools, acting	Move around, touch and talk, body language	Touching, moving, knowledge through bodily sensations, processing	Role-playing, drama, things to build, movement, sports and physical games, tactile experiences, hands-on learning, etc.
<b>Career Smart For Bodily-Kinesthetic Intelligence</b>				
Professions which exhibit a high degree of Bodily-Kinesthetic Intelligence : Sportsperson, Athletes, Physical Therapists, Models, Mechanics, Choreographers, Artists, Actors, Recreation Directors, Craftspersons, Inventors, Dancers, Circus Artists, Doctors, Nurses, Exercise Instructors, Sports Coaches, Law Enforcement Personnel, and Military Personnel.				
<b>Examples of Characters</b>				
Michael Jordan, Sachin Tendulkar, Prabhudeva, FM Manekshaw				
<b>Integrating Technology and Activity in Body Kinesthetic Intelligence</b>				
<ol style="list-style-type: none"> <li>Join a work-related or community sports team (softball, basketball, soccer, or other group sport).</li> <li>Take lessons in a solo sport such as swimming, skiing, golf, tennis, or gymnastics.</li> <li>Learn a martial art like aikido, judo, or karate.</li> <li>Learn a craft such as woodworking, weaving, carving etc.</li> <li>Take a class at community center in working with clay or stone.</li> <li>Learn Yoga or another system of physical relaxation and awareness.</li> <li>Play video games that require the use of quick reflexes.</li> <li>Take formal lessons in dance (modern, ballroom, ballet, or other dance forms) or spend time engaged in free-form creative movement on your own.</li> <li>Take up a "hands on" hobby around the home like gardening, cooking, or model building.</li> <li>Put on a blindfold and have a friend lead around to explore the environment with your hands.</li> </ol>				

## Musical-Rhythmic Intelligence

**Rank:**  
**3**



### Musical-Rhythmic Intelligence.

This is the potential for thinking in music; for hearing recognizing and remembering patterns, as used in singing and identifying sounds. and in remembering melodies and rhythms. However, it is not limited to music and rhythm so we are calling it auditory-vibrational, for it deals with the whole realm of sound, tones, beats, and vibrational patterns as well as music.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>13.29%</b>	Picking up sounds, remembering melodies, rhythms, singing	Sing, play an instrument, listen to music, hum	Rhythm, singing, melody, listening to music and melodies	Sing-along time, trips to concerts, music playing at home and school, musical instruments, etc.
<b>Career Smart For Musical-Rhythmic Intelligence</b>				
Professions which exhibit a high degree of musical intelligence : Music Performers, Conductors, Music Therapists, Advertising Professionals, Motion Picture Soundtrack Creators, Music Teachers, Piano Tuners, Music Studio Directors and Recorders, Song Writers, Sound Engineers, and Music Copyists.				
<b>Examples of Characters</b>				
Mozart, Michael Jackson, AR Rahman , Bhimsen Joshi , Mohd Rafi				
<b>Integrating Technology and Activity in Musical Intelligence</b>				
<ol style="list-style-type: none"> <li>1. Go to concerts or musicals.</li> <li>2. Develop a collection of favourite musical recordings and listen to them regularly.</li> <li>3. Join a community choir.</li> <li>4. Take formal music lessons in a specific instrument.</li> <li>5. Work with a music therapist.</li> <li>6. Spend one hour a week listening to an unfamiliar style of music (jazz, country, western, classical folk, international, or other genres).</li> <li>7. Establish a regular family sing-along time.</li> <li>8. Buy an electronic keyboard and learn simple melodies and chords.</li> <li>9. Purchase percussion instruments at a toy store and play them in rhythm to background music.</li> <li>10. Take a course in music appreciation or music theory at a local college.</li> <li>11. Read music criticism in newspapers and magazines.</li> </ol>				

## Intrapersonal Intelligence

Rank:  
**2**



### Intrapersonal Intelligence

"Self smart" or "Introspection smart". At the heart of this intelligence are our human self reflective abilities by which we can step outside of ourselves and think about our own lives. This is an introspective intelligence. It involves our uniquely human propensity to want to know the meaning, purpose, and significance of things. It involves our awareness of the inner world of the self, emotions, values, beliefs, and our various quests for genuine spirituality.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>13.43%</b>	Recognizing strengths and weaknesses, setting goals, understanding self	Work alone, reflect pursue interests.	Working alone, having space, reflecting, doing self-paced projects	Secret places, time alone, self-paced projects, choices, etc.
<b>Career Smart For Intrapersonal Intelligence</b>				
Professions which exhibit a high degree of intrapersonal intelligence : Therapists, Psychologists, Human Potential Researchers, Philosophers, Religious Leaders (pastors and priests), Social Workers, Meditation Guides, Counselors, Organization Leaders (presidents and CEOs), Self-help Advisors & Trainers, Cognitive Pattern Researchers, and Mental Health Professionals.				
<b>Examples of Characters</b>				
Dalai Lama, Plato , Warren Buffet , JRD Tata , Steve Jobs				
<b>Integrating Technology and Activity in Intrapersonal Intelligence</b>				
<ol style="list-style-type: none"> <li>1.Listen to motivational audio and video-cassettes.</li> <li>2. Write your autobiography.</li> <li>3. Create your own personal ritual or rite of passage.</li> <li>4. Read self-help books.</li> <li>5. Establish a quiet place in your home for introspection.</li> <li>6. Teach yourself something new such as a skill, language, or a body of knowledge in an area of interest to you.</li> <li>7. Develop an interest or hobby that sets you apart from the crowd.</li> <li>8. Take a battery of tests designed to assess your special strengths and weaknesses in a broad range or areas.</li> <li>9. Set short- and long-term goals for yourself and then follow through on them.</li> <li>10. Attend seminars designed to teach you about yourself or your "selves" (e.g., psycho synthesis, transitional analysis, psychodrama, gestalt work, or another psychological school of thought).</li> </ol>				

## Interpersonal Intelligence

**Rank:**  
**1**



### Interpersonal Intelligence.

This is the potential of working with others, understanding, leading and organizing by effectively communicating, resolving conflicts and selling. This is a whole range of social skills that are needed for effective person-to-person communication and relationship building.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>14.90 %</b>	Leading, organizing, understanding people, communicating, resolving conflicts, selling	Talk to people, have friends, join groups	Comparing, relating, sharing, interviewing, cooperating	Friends, group games, social gatherings, community events, clubs, mentors / apprenticeship, etc.
<b>Career Smart For Interpersonal Intelligence</b>				
Professions which exhibit a high degree of interpersonal intelligence : Teachers, Administrators, Arbitrators, Anthropologists, Organization Leaders (presidents and CEOs), Sociologists, Talk Show Hosts, Politicians, Public Relations or Customer Service Personnel, Salespersons, Travel Agents, Consultants, and Social Affairs Directors.				
<b>Examples of Characters</b>				
Martin Luther King, Gandhi, Princess Diana, Mother Teresa				
<b>Integrating Technology and Activity in Interpersonal Intelligence</b>				
<ol style="list-style-type: none"> <li>Join a volunteer or service-oriented group (Rotary Club, Lion Club, Red Cross, etc.)</li> <li>Take a leadership role in a group you're currently involved with at work or in your community.</li> <li>Start your own support group.</li> <li>Enroll in a community college course on interpersonal communication skills.</li> <li>Collaborate with one or more persons on a project of mutual interest (quilt, article, garden, etc.)</li> <li>Have regular family meetings in your home.</li> <li>Communicate with other people on a computer network via an electronic bulletin board.</li> <li>Organize group brainstorming session at your workplace.</li> <li>Strike up conversations with people in public places (bookstores, supermarkets, airline terminals, etc.).</li> </ol>				

**Rank:**
**5**

## Naturalist Intelligence



### Naturalist Intelligence.

The naturalist intelligence involves the full range of our innate knowing that occurs in and through our encounters with the natural world including our recognition, appreciation, and understanding of the natural environment. It involves such capacities as species discernment, communion with the natural world and its phenomena, and the ability to recognize and classify various flora and fauna.

Percentage	Skill Involved	Preferences	Learn best through	Needs
<b>1189%</b>	Understanding nature, making distinctions, identifying flora and fauna	Be involved with nature, make distinctions	Working in nature, exploring living things, learning about plants and natural events	Order, same / different, connections to real life and science issues, patterns
<b>Career Smart For Naturalist Intelligence</b>				
Professions which exhibit a high degree of naturalist intelligence : Forest Rangers, Nature Guides, Animal Trainers, Zoo Keepers, Landscape Designers, Horticulturists, Botanists, Florists, Scientists Investigating the biological and physical worlds, Ornithologist, Veterinarians, Farmers, Outdoor Activities Instructor & Planner, Meterorologists, and Conservationists.				
<b>Examples of Characters</b>				
Charles Darwin, Rubin David , Steve Irwin, Jagadish Chandra Bose, Sanjeev Kapoor				
<b>Integrating Technology and Activity in Naturalist Intelligence</b>				
<ol style="list-style-type: none"> <li>1. Get to know the natural things in your own backyard (insects, birds, plants, etc.).</li> <li>2. Investigate internet sites that have to do with nature (use a search engine and select search words such as ecology, nature, botany, birds, etc.).</li> <li>3. Go through the TV (National Geographic / Animal Planet / Discovery) listings for the week and record shows having to do with an aspect of nature that you'd like to learn more about (e.g., volcanoes, chimpanzees, hurricanes, etc.).</li> <li>4. Choose a specific type of animal or plant (e.g., beetles or lilies) and learn as much as you can about it through books, the internet, interviews with experts, and direct observation.</li> <li>5. Take up gardening or landscaping as a hobby or if you already garden or landscape, investigate some new aspect of it (e.g., topiary, bonsai).</li> <li>6. Volunteer to take a group of kids into the natural world to learn more about some aspect of it (e.g., Scouts, Explorers).</li> <li>7. Subscribe to a magazine related to nature.</li> </ol>				

## References of fields and occupations Based on Multiple Intelligences

Category	Subject and Field	Relevant Intelligent Application	Main Occupations
Information Technology	Computer Science, Information Science, Information Management, Electronic Commerce.	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Logical Methematic Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-left: 10px;">★</div> <div>Spatial Visual Intelligence</div> </div>	Process Engineer, Information System Analyst, Network Engineer, Information Administrator, Information Product R & D, Multimedia Information, System Administrator.
Engineering	Electrical Engineering, Electronic Engineering, Mechanical, Civil and Chemical, Industry Management, Biological Engineering, Material Engineering, Environment Engineering, Aerospace Engineering.	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Logical Methematic Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★</div> <div>Spatial Visual Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> </div>	Electrical Engineering, Electronics Engineer, Mechanical Engineer, Civil Engineering, Biochemistry Engineer, Semi-Conductor Module Engineer, Pollution Prevention and Treatment Engineer, Flight Controller, Agricultural Mechanical Engineer, Chemical Engineer
Mathematical	Mathematics, Physics, Chemistry, Statistics, Actuarial Science	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> </div>	Mathematics, Physics or Chemistry Academician, Researcher, Actuarist, Scientist
Medical	Medical, Pharmacy, Nursing, Public Hygiene, Food Nutrition, Recovery, Medical Technology, Sport Nutrition, Medical Management	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Bodily Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> </div>	Doctor, Physician, Pharmacist, Public Hygiene Specialist, Nutritionist, Rehabilitation Expert, Medical Examiner, Medical Management, Pathology Researcher, Pharmaceutical R & D, Health Education Teacher, Optician, Medical Writer or Journalist
Life Science	Biology, Life Science, Biotechnology, Botany, Zoology, Ecology	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> </div>	Academician, Pathologist, Pathology Researcher, Biotechnology Researcher, Ecological Conservationist, Environment Assessment Professionals, Animal & Plant Researcher, Medical Technology Development, Genetic Engineer, Agricultural Research
Agricultural, Forestry & Fishery	Agronomy, Gardening, Forestry, Agro Economics, Agro Chemistry, Fishery, Plant Pathology, Food Science, Marine Resource, Maintenance of Water & Soil & Water Conservation.	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> </div>	Agricultural Engineer, Agronomy Researcher, Veterinarian, Farmer, Fishery Business, Soil Engineer, Agriculture or Marine Scientist, Forestry Personnel
Earth & Environment	Geology, Earth Science, Geography, Gas Science, Oceanic Science, Environment Science, Geology Resource	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Naturalist Observation Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★</div> <div>Spatial Visual Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> </div>	Geography Teacher, Geology / Earth Researcher, Meteorology Researcher, Astronomy Meteorology Researcher, Astronomy Researcher, Astronomy or Space Science Museum Staff, City Planner, Area Planner, Ecological Education and Assessment Professionals, Editor of Environmental Pollution Control Researcher, Energy Sources Researcher.
Construction & Design	Construction, Interior Design, View Design, Commercial Design, Technology Design, City Planning, Industry Design	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★</div> <div>Spatial Visual Intelligence</div> <div style="border: 1px solid black; padding: 2px; margin-right: 10px;">★★</div> <div>Mathematical Logic Intelligence</div> </div>	Civil Engineer, Interior Designer, View Designer, Industrial Designer, Fashion Designer, City Planner, Art Designer,

## References of fields and occupations Based on Multiple Intelligences

Category	Subject and Field	Relevant Intelligent Application	Main Occupations
Artistry	Music, Dance, Art, Drama, Sculpting.	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Bodily Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★</span> <span>Musical Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★</span> <span>Visual Intelligence</span> </div>	Music Teacher, Dance Teacher, Arts Teacher, Sculptor, Pottery Expert, Musician, Painter, Set Director, Film Production, Event Organizer, Art Editor or Illustrator, Film Critics.
Mass Communication	Mass Communication, Journalism & Communication Studies, Advertising & Public Relations, Film & Television.	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★</span> <span>Linguistic Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★</span> <span>Spatial Visual Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Bodily Intelligence</span> </div>	Journalist, Advertising Design, Media, PR, Film Production, Event Organizers, Broadcasting, Host, Culture Operators, Performer, Speaker.
Foreign Language	Language Specialization, Linguistics, Translation, Foreign Language Jobs	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★</span> <span>Linguistic Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Interpersonal Intelligence</span> </div>	Foreign Language Teacher, News Translator, Linguistic Research, Language Translator, Foreign Affair, Tour Guide, Aerospace Service Jobs, Government Service for Trade and International Business, Intelligence.
Literature & History Philosophy	Language & Literature Expert, Education, History, Philosophy, Journalism	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★</span> <span>Linguistic Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Intrapersonal Intelligence</span> </div>	Literature or History Teacher and Researcher, Journalist, Editor, Writer, Philosophy Researcher, Linguistic Researcher, Government Servant, Museum Curator, Screenwriter, Culture Related Jobs, Librarian, Administration Staff.
Educational	All subjects and levels of Educations, Academics Administration and Management, Special Education	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★</span> <span>Linguistic Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Interpersonal Intelligence</span> </div>	School or College Teacher, Kindergarten Teacher, Educational Editor, Educational Researcher, Educational Trainer, Counsellor, Education Administrator, Government
Political Affair	Law, Politics, Foreign, Public.	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Logical Mathematic Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Interpersonal Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Linguistic Intelligence</span> </div>	Lawyer, Judge, Prosecutor, Legal Advisor, Government Officer, Parliamentarian, Media Reporter, Law Officer, Administration Staff, Foreign Office, Law Academic Researcher, Patent Attorney, Administration, Police and Military
Management	Business Management, Information Management, Industry Management, Marketing Recreation Management, Hotel Management	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Interpersonal Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Linguistic Intelligence</span> </div>	Business Advisor, Business Manager, Marketing Manager, Human Resource Manager, Logistic Manager, Production Management Engineer, Tourism Manager, Treasurer, MIS Manager, System Analyst, Product Manager, Customer Services
Financial	International Trade, Economic, Financial Management, Financial Accounting, Public Finance, Insurance	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Logical Mathematic Intelligence</span> </div>	Accountant, Financial Controller, Tax Executive, Financial Planner, Bond Analyst, Reporter, Insurance Agent, Commerce Teacher, Financial Academic Researcher, Auditor, Purchaser.
Sports	Sports, Leisure, Recreation Management.	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★</span> <span>Bodily Intelligence</span> </div>	Athlete, Coach, Trainer, Recreation Manager, Sport Businessman, Sport Management, Sportswriter, Sports Planner, Sport Agent, Military
Sociology & Psychology	Psychology, Counselling, Social Education, Life Science Application	<div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Interpersonal Intelligence</span> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <span>★★★★</span> <span>Intrapersonal Intelligence</span> </div>	Counsellor, Social Worker, Psychologist, Education Trainer, Anthropology Researcher, Hospitality, Cultural Related Jobs

## Job/Career Development Based on Multiple Intelligence References Material

Category	Intelligences				
Finance and Accounting	★★	Logical Mathematic Intelligence			
Media & Communication	★	Visual Intelligence	★★	Logical Mathematic Intelligence	★★★★★ Interpersonal Intelligence
Customer Service	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★ Linguistic Intelligence
Artistic Designs	★	Visual Intelligence	★★	Logical Mathematic Intelligence	★★★★★ Interpersonal Intelligence
Administration	★★★	Intrapersonal Intelligence	★★★	Linguistic Intelligence	
Retail	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★★ Linguistic Intelligence
Human Resources	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★★ Linguistic Intelligence
Marketing/ Sales	★★★	Interpersonal Intelligence	★★★	Linguistic Intelligence	
Manufacturing	★★★★★	Interpersonal Intelligence	★★★	Intrapersonal Intelligence	★★★ Linguistic Intelligence
Hospitality	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★★ Linguistic Intelligence
Travel	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★★ Linguistic Intelligence
Education/ Training	★★★	Intrapersonal Intelligence	★★★★★	Interpersonal Intelligence	★★★ Linguistic Intelligence
Sciences	★★★	Logical Mathematic Intelligence			
Healthcare	★★	Logical Mathematic Intelligence	★★	Bodily kinesthetic Intelligence	★★ Naturalist Intelligence
Quality Control	★★	Logical Mathematic Intelligence	★★	Naturalist Intelligence	
Field Technical	★★	Logical Mathematic Intelligence	★★	Bodily kinesthetic Intelligence	★★★★★ Interpersonal Intelligence

## Job/Career Development Based on Multiple Intelligence References Material

Category	Intelligences			
Product Management	★★	Logical Mathematic Intelligence	★★	Naturalist Intelligence
Nutrition	★★	Logical Mathematic Intelligence	★★	Naturalist Intelligence
Architech	★	Visual Intelligence	★★	Logical Mathematic Intelligence ★★★★ Interpersonal Intelligence
Software Engineer	★★	Logical Mathematic Intelligence	★	Visual Intelligence
Design Engineer	★	Visual Intelligence	★★	Logical Mathematic Intelligence ★★★★ Interpersonal Intelligence
Project Management	★★	Logical Mathematic Intelligence	★★★★	Interpersonal Intelligence
Auditor	★★	Logical Mathematic Intelligence		
Law Enforcement	★★	Logical Mathematic Intelligence	★★	Bodily Kinesthetic Intelligence
Intelligence	★★	Logical Mathematic Intelligence	★★★★	Interpersonal Intelligence
Military	★★	Bodily/Kinesthetic Intelligence	★★★	Intrapersonal Intelligence
Politics	★★★	Intrapersonal Intelligence	★★★★	Interpersonal Intelligence
Culinary arts	★★	Naturalist Intelligence	★	Visual Intelligence

## Job/Career Development Based on Multiple Intelligence References Material

Category	Intelligences		
Social Work/ NGO	★★★	Intrapersonal Intelligence	★★★★★ Interpersonal Intelligence
Sports	★★	Bodily/Kinesthetic Intelligence	
Legal	★★	Logical Mathematic Intelligence	★★★ Intrapersonal Intelligence ★★★ Linguistic Intelligence
Engineering	★★	Logical Mathematic Intelligence	★ Visual Intelligence
Construction	★★	Logical Mathematic Intelligence	★ Visual Intelligence
Banking	★★	Logical Mathematic Intelligence	★★★★★ Interpersonal Intelligence
Insurance	★★★★★	Interpersonal Intelligence	★★ Logical Mathematic Intelligence
Content Writing	★★★	Linguistic Intelligence	
Advertising	★★★	Linguistic Intelligence	★ Visual Intelligence
Security	★★	Bodily/Kinesthetic Intelligence	★★ Logical Mathematic Intelligence
Shipping	★★	Logical Mathematic Intelligence	★★ Naturalist Intelligence
Networking and Hardware	★★	Logical Mathematic Intelligence	★★ Bodily/Kinesthetic Intelligence

## VAK Learning Style

NAME:	teacher	PARENT:	
TEL:		ADD:	
GENDER:		DOB:	04/14/2013



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